



***Thursdays at 6pm
in San Marcos!***

Let's Talk About It:

**Discussion Groups
for People Affected by HIV/AIDS**

*Hosted by Community Action, Inc.
and Waterloo Counseling Center*

Are you HIV+ or have a loved one with HIV/AIDS?

Do you wonder about:

- staying healthy?
- finding medical care?
- managing HIV and enjoying life?
- finding other kinds of help?
 - what others know about dealing with HIV?
 - talking to family and friends about HIV?
 - how to stop feeling alone?

**Join us every Thursday at 6pm in San Marcos
Dinner's on us! Bring a friend or family member!**
(location will be shared with people calling to save a space)

To learn more or reserve your space, call Sarah Gremillion
at Waterloo Counseling Center, 512-444-9922.

Want us to offer a group in your area? Let us know!